



APOLLO FLAME BISTRO

A LITTLE APOLLO FLAME HISTORY

In 1974 Arthur Poulos "Papa" (1920-1996) opened his first restaurant with son Yiannis Poulos. Our family recipes have been passed down for three generations and our restaurant is still family operated.

We appreciate your continued business.
Thank you.

**www.ApolloFlameBistro.net
For Take Out And Delivery**

**Voted 19 Years In A Row
Best Mediterranean Restaurant**

Best Quality ♦ Best Prices ♦ Best Salads

(828) 274-3582

SALADS

ANTIPASTO 12.49
Ham, Salami, Olives, Cheese, Pepperoni,
Pepperoncinis

CHEF'S SALAD 12.49
Ham, Turkey, Cheese, Pepperoncinis

TOSSED SALAD sm 6.49 lg 9.49

* GREEK OLIVES HAVE PITS *

Choice of Dressings

*Bleu Cheese, Honey Mustard, Ranch,
Thousand Island, and Our Famous Greek Dressing
made with Feta Cheese, Fresh Herbs and Spices.*

*Extra To Go Dressing50

GREEK SPECIALTIES

OUR FAMOUS GREEK SALAD

Olives, Pepperoncinis, Feta Cheese, with
Homemade Greek Dressing..... sm 7.49 lg 9.99

OUR FAMOUS GREEK SALAD

With Grilled Chicken Breast

Marinated in Fresh Herbs..... 12.49

BIG FAT GREEK PLATTER

Lamb, Chicken, Meatballs, Greek Salad
Pita Bread and Tzatziki Sauce

13.49

COMBO GYRO PLATTER

Lamb, Grilled Marinated Chicken, Greek
Salad, Pita Bread and Tzatziki Sauce

13.49

CHICKEN GYRO PLATTER

Grilled Marinated Chicken, Greek Salad,
Pita Bread and Tzatziki Sauce

12.49

LAMB GYRO PLATTER 12.49

GYRO SANDWICH ON PITA BREAD 9.49
Chicken or Lamb, Lettuce, Tomato, Onion,
Tzatziki Sauce served with Chips

GREEK MEATBALLS 14.49
Served with melted Feta Cheese, Mozzarella,
Meat Sauce, with Garden Salad, Garlic Bread

GREEK SPAGHETTI 13.49
Served with Olive Oil, Feta and Parmesan Cheese,
No Sauce, Garlic Bread, Garden Salad

OVEN SUBS

HOT GRILLED

CHICKEN BREAST SUB

Cheese, Lettuce and Tomato, Onions,
House Dressing 9.49 12.49

APOLLO SUPER SUB

Roast Beef, Turkey and Bacon 9.49 12.49

CHICKEN PARMESAN SUB

Marinated Chicken Strips, Marinara
Sauce and Cheese 9.49 12.49

	8"	12"
Roast Beef and Bacon	9.49	12.49
Turkey and Bacon	9.49	12.49
Roast Beef	9.49	12.49
Bacon, Lettuce and Tomato	9.49	12.49
Tuna Salad	9.49	12.49
Turkey	9.49	12.49
Ham	9.49	12.49
Italian Genoa, Cooked Salami & Ham.....	9.49	12.49
Genoa Salami	9.49	12.49

* No Meat Substitutes *

* Extra Cheese.....sm \$1.00 lg \$1.50 *

**All Above Hot Subs served with Cheese,
Lettuce, Tomatoes, Onions, Mayonnaise,
House Dressing, Dill Pickle,
Chips, Potato Salad, or Pasta Salad.*

**Eggplant Parmesan Sub, served with
Marinara Sauce and Cheese** 9.49 12.49

**Meatball or Sausage, served with Meat
Sauce and Mozzarella Cheese** 9.49 12.49

**Vegetarian [Grilled Peppers, Onions, Cheese,
Mushrooms and Mayonnaise]** 9.49 12.49

CHICKEN OR STEAK SUBS

*Tender Grilled Ribeye Steak or Grilled
Chicken with Mayonnaise and Cheese,
on New York Hoagie Roll*

	8"	12"
With Cheese	9.49	12.49
With Mushrooms	9.49	12.49
With Onions	9.49	12.49
With Peppers	9.49	12.49
Combo, <i>This Has it All!</i>	9.49	12.49

PIZZA

	Small	Medium	Large
Cheese	10.25	11.50	13.50
1 Topping	10.99	11.99	13.99

Each Additional Topping

	Small 1.25	Medium 1.49	Large 1.69
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Onions • Peppers • Sausage • Hamburger
Pepperoni • Mushrooms • Ham • Salami
Canadian Bacon • Black Olives • Tomato
Jalapeño Peppers • Anchovies • Spinach

*Chicken..... additional 3.95

MEDITERRANEAN PIZZA

Grilled Marinated Chicken, Spinach, Feta and
Mozzarella Cheeses and Diced Tomatoes

Small	14.99	Medium	16.99	Large	18.99
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APOLLO SUPREME

Sausage, Pepperoni, Hamburger, Mushrooms,
Onions, Green Peppers and Ham

Small	13.99	Medium	15.99	Large	17.99
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WHITE PIE

No Sauce with Mozzarella and Feta
with either Spinach or Tomato

Small	12.99	Medium	14.99	Large	16.99
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GREEK PIZZA

Mozzarella and Greek Cheese

Small	12.99	Medium	13.99	Large	14.99
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MEAT DELIGHT PIZZA

Sausage, Pepperoni, Hamburger, Ham,
Salami and Sliced Bacon

Small	13.99	Medium	15.99	Large	17.99
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VEGETARIAN PIZZA

Mushrooms, Black Olives, Green Peppers,
Onions, Diced Tomatoes, Feta

Small	13.99	Medium	15.99	Large	17.99
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HAWAIIAN PIZZA

with Ham and Pineapple

Small	12.99	Medium	13.99	Large	14.99
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BBQ CHICKEN PIZZA

Grilled Marinated Chicken

with Barbeque Sauce and Mozzarella Cheese

Small	13.99	Medium	15.99	Large	17.99
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PITA PIZZA

Choice of Three Toppings 7.99

CHICKEN BUFFALO PIZZA

Mozzarella, Ranch, Buffalo Sauce, Chicken

Small	13.99	Medium	15.99	Large	17.99
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GLUTEN FREE

Small Pizza with One Topping	12.99
Additional Toppings (each)	1.75
6 Inch Subs on Gluten Free Bread.....	9.99
Spaghetti (Gluten Free Spiral Pasta).....	12.99
Spaghetti Combo	14.99
with Mushrooms, Onions and Peppers	
Ravioli Stuffed with Chicken & Kale	14.99

SPAGHETTI & RAVIOLI SERVED WITH TOSSED SALAD
& GLUTEN FREE BREAD

HOUSE SPECIALS

Served with Homemade Meat Sauce,
Garlic Bread and Tossed Salad

Spaghetti with Meat Sauce	12.00
Spaghetti with Meatballs	12.49
Spaghetti with Sausage	12.49
Spaghetti with Mushrooms	12.49
Spaghetti with Peppers	12.49
Spaghetti Combination	14.49
Meatballs, Sausage, Mushrooms and Peppers	
Melted Cheese	3.00

PASTA

All Pasta Dinners served with Mozzarella,
Homemade Meat Sauce, Tossed Salad &
Garlic Bread

Lasagna	14.49
Stuffed Shells	14.49
Manicotti.....	14.49
Meat Ravioli	14.49
Cheese Ravioli.....	14.49
Meat Tortellini.....	14.49
Cheese Tortellini	14.49

COMBO PASTA TRIO

Manicotti, Stuffed Shells & Meat or Cheese Ravioli.
Topped with Melted Cheese and
our Homemade Meat or Marinara Sauce.
Served with Greek Salad and Garlic Bread

14.49

CHICKEN SPECIALTIES

Served over Pasta with Tossed Salad
and Garlic Bread

Chicken Parmesan	14.49
Marinated Chicken Breast with Meat Sauce and Cheese	
Chicken Francesca	14.49
Marinated Chicken Breast with a White Wine & Mushroom Sauce, and Cheese	

CHICKEN RIGATONI

Ziti Noodles with Grilled Chicken, Olive Oil,
Garlic, Feta & Mozzarella & Parmesan Cheeses.
Served with Greek Salad and Garlic Bread.

14.49

VEGETARIAN DISHES

Served with Tossed Salad and Garlic Bread

Spaghetti with Marinara	11.00
Spinach Lasagna	14.49
Veggie Manicotti with Marinara.....	13.49
Cheese Tortellini with Marinara	13.49
Eggplant Parmesan with Marinara	14.49
Pasta & Cheese	
Vegetarian Pita	10.49
Rolled Pita with Grilled Onions, Green Peppers, Mushrooms and Feta. Served with Greek Salad.	

Greek Salad substitution \$1.79 extra

KIDS' MENU

[10 YEARS & UNDER – KIDS ONLY]

Spaghetti with Meatballs*	6.99
Spaghetti with Meat Sauce*	6.50
Spaghetti with Marinara*	5.99
Chicken Tenders with Chips	5.99
Pita Pizza	7.99
(Sauce, Cheese & Choice of Three Toppings)	

* Kids' Pasta Served with Garlic Bread Only *

NO SALAD

SIDE ORDERS

Chicken	6.99
Lamb	6.99
Meatballs or Sausage	6.99
Potato Salad (Homemade)	3.99
Pasta Salad (Homemade)	3.99
Feta Cheese	3.50
Mozzarella Cheese	3.50
Cheese Garlic Bread	3.99
Anchovies	3.50
Greek Pepperoncinis	2.50
Greek Olives (have pits)	3.50
Jalapeño Peppers	1.99
Pita Bread	1.25
Chips	1.50
Garlic Bread	1.25
Tzatziki Sauce	1.00
Side of Marinara	2.00
Side of Meat Sauce	2.50

BEVERAGES

Soft Drinks	2.35
(Coke, Diet Coke, Sprite, Fanta Orange, Lemonade)	
Iced Tea	2.35
Coffee	2.35
Hot Tea	2.35
Milk	2.35

BEERS

Corona	4.00
Heineken	4.00
St. Pauli Girl	4.00
Grolsch	4.50
Budweiser or Bud Light	3.25
Coors Light	3.25
Michelob Ultra	3.25
Miller Light	3.25
Fat Tire	4.00
Highland Gaelic Ale	4.00

DESSERTS

Baklava	4.99
Cheesecake	4.95

Chablis, Burgundy
Glass.....5.00
1/2 Liter.....8.99

WINES

White Zinfandel, Chardonnay,
Merlot
6.00

485 HENDERSONVILLE ROAD

IN FOREST EDGE SHOPPING CENTER

EXIT 50 OFF I-40 (SOUTH) – Minutes to Biltmore House

HOURS 10:30 AM – 10:00 PM MONDAY THRU SATURDAY

Website: ApolloFlamebistro.net

TO GO ORDERS AVAILABLE

Phone (828) 274-3582

Fax (828) 274-3571